

**ABSTRACT**

An ink-jet recording sheet comprising a paper support coated with a polyolefin resin on both sides of the paper support, the polyolefin resin-coated paper support having thereon a porous ink receptive layer containing a hydrophilic polymer, wherein the paper support has a ratio of a Cobb value to a basis weight of not more than 0.05 : 1 to 0.4 : 1.